

Balloon Sinuplasty

Questions to ask your doctor

If you have been diagnosed with chronic sinusitis, or if you have multiple sinus infections per year that are not helped with medication, you may find it helpful to talk to your primary doctor or an Ear, Nose and Throat (ENT) specialist about additional treatment options. Below are some questions to help guide that conversation.

- Am I a candidate for surgery with *Balloon Sinuplasty*? What's the anticipated outcome of *Balloon Sinuplasty*? What are the associated risks?
- What type of anesthesia is required for *Balloon Sinuplasty*? Is there an option to perform *Balloon Sinuplasty* here in your office, using local anesthesia?
- How many *Balloon Sinuplasty* procedures have you performed? What is your experience?
- How satisfied have your patients been who have undergone *Balloon Sinuplasty*? What kind of outcomes have you had with the procedure?
- What are the options if *Balloon Sinuplasty* is not done? What can I expect to continue to do about my condition if I elect not to have this procedure done now?
- What is the recovery process after *Balloon Sinuplasty*? How long will I need to miss work/school?
- Can you share your other patients' experiences with *Balloon Sinuplasty*? Are there other patients that I can talk to?
- How can I find out if my insurance will cover *Balloon Sinuplasty*?